

→ average over a cycle

→ assume $\frac{\gamma}{\omega_0} \ll 1$

↓
means... $e^{-\gamma t} \sim$ constant over
one cycle of oscillator

$$\left\langle \frac{1}{2} k x^2 \right\rangle \underset{\text{one cycle avg}}{\approx} \frac{1}{2} k A^2 e^{-\gamma t} \cdot \underbrace{\langle \cos^2(\omega_1 t + \phi) \rangle}_{\approx 1/2}$$

$$\left\langle \frac{1}{2} m \dot{x}^2 \right\rangle \approx \frac{1}{2} m \omega_1^2 A^2 e^{-\gamma t} \left[\underbrace{\langle \sin^2(\omega_1 t + \phi) \rangle}_{\approx 1/2} + \left(\frac{\gamma}{\omega_1} \right) \underbrace{\langle \sin(\omega_1 t + \phi) \cos(\omega_1 t + \phi) \rangle}_{\approx 0} + \left(\frac{\gamma}{\omega_1} \right)^2 \langle \cos^2(\omega_1 t + \phi) \rangle \right] \approx \dots$$

$$\left\langle \frac{1}{2} m \dot{x}^2 \right\rangle_1 \simeq \frac{1}{2} m \omega_1^2 A^2 e^{-\gamma t} \frac{1}{2} \left(1 + \left(\frac{\gamma}{\omega_1} \right)^2 \right)$$

$$\omega_0^2 \left(1 + \frac{1}{8} \frac{\gamma^2}{\omega_0^2} \right)$$

$$\simeq 0!$$

$$\simeq 1!$$

$$\left\langle \frac{1}{2} m \dot{x}^2 \right\rangle_1 \simeq \frac{1}{4} m \omega_0^2 A^2 e^{-\gamma t}$$

only remnant
of γ

$$E_1 = \left(\frac{1}{4} k A^2 + \frac{1}{4} m \omega_0^2 A^2 \right) e^{-\gamma t}$$

$$E_1 = \frac{1}{2} k A^2 e^{-\gamma t}$$

no
damping

Energy

energy falls to
 $1/e$ after
time $t = \frac{1}{\gamma} = \frac{m}{b}$

$$t = \frac{1}{\gamma}$$

Driven OscillatorsUndamped

$$m\ddot{x} = -kx + F(t)$$

$$\ddot{x} + \omega_0^2 x = \frac{1}{m} F(t)$$

suppose $x_F(t)$ satisfies

$$\ddot{x}_F + \omega_0^2 x_F = \frac{1}{m} F(t)$$

suppose $x_H(t)$ satisfies

$$\ddot{x}_H + \omega_0^2 x_H = 0$$

consider "Homogenous"

$$x_C \equiv x_F + x_H$$

$$\ddot{x}_C + \omega_0^2 x_C = \ddot{x}_F + x_H + \omega_0^2 (x_F + x_H)$$

$$= \underbrace{\ddot{x}_F + \omega_0^2 x_F}_{\frac{1}{m} F(t)} + \underbrace{\ddot{x}_H + \omega_0^2 x_H}_0$$

$$\ddot{x}_C + \omega_0^2 x_C \text{ also } = \frac{1}{m} F(t)$$

we already know:

$$x_H = r \cos(\omega_0 t + \phi) \quad \omega_0 = \sqrt{\frac{k}{m}}$$

Idea then

$X_H \rightarrow$ use it (and its adjustable parameters) to satisfy initial conditions

For study... choose $F(t) = F_0 \cos \omega t$
"driving term"

$$\ddot{x}_F + \omega_0^2 x_F = \frac{F_0}{m} \cos \omega t$$

$$\ddot{z}_F + \omega_0^2 z_F = \frac{F_0}{m} e^{i\omega t}$$

$$x_F = \text{Re}(z_F)$$

Try $z_F = A e^{i\omega t}$

$$A(-\omega^2 + \omega_0^2) e^{i\omega t} = \frac{F_0}{m} e^{i\omega t}$$

$$A = \frac{F_0}{m(\omega_0^2 - \omega^2)} \leftarrow \text{NO FREE PARAMETERS}$$

$$x_C = \frac{F_0}{m(\omega_0^2 - \omega^2)} \cos \omega t + r \cos(\omega_0 t + \phi)$$

↑
↑
 free free

... subject conditions to obtain

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