

since those are operators, the ratio is not actually well defined. The spirit is correct. One way to formalize what is happening is to imagine

$$\tilde{H} = \tilde{H}^0 + \lambda \tilde{H}^1$$

$\lambda \rightarrow$ dimensionless mechanism for power accounting.

and imagine then

$$E_n = E_n^0 + E_n^1 + E_n^2 + E_n^3 + \dots$$

\uparrow correct if $\lambda = 0$ (order λ^0)
 \uparrow depends on λ^1
 \uparrow depends on λ^2
 \uparrow depends on λ^3
 (The superscript on the E's is not a power, but a reminder of a power of λ).

$$|n\rangle = |n^0\rangle + |n^1\rangle + |n^2\rangle \text{ etc.}$$

now plug in the expansions to the initial equation

$$\tilde{H}|n\rangle = E_n |n\rangle$$

$$\star (\tilde{H}^0 + \tilde{H}^1) \{ |n^0\rangle + |n^1\rangle + |n^2\rangle + \dots \} = (E_n^0 + E_n^1 + E_n^2 + \dots) \{ |n^0\rangle + |n^1\rangle + \dots \}$$

0th order only: $\tilde{H}^0 |n^0\rangle = E_n^0 |n^0\rangle$

1st order: $\tilde{H}^0 |n^1\rangle + \tilde{H}^1 |n^0\rangle = E_n^0 |n^1\rangle + E_n^1 |n^0\rangle$ (*)
 (sum of superscripts always 1)

'Bra'-in with $\langle n^0|$

$$\langle n^0 | \tilde{H}^0 |n^1\rangle + \langle n^0 | \tilde{H}^1 |n^0\rangle = E_n^0 \langle n^0 |n^1\rangle + E_n^1 \underbrace{\langle n^0 |n^0\rangle}_1$$

$E_n^0 \langle n^0 |n^1\rangle$ cancels with term R.H.S.

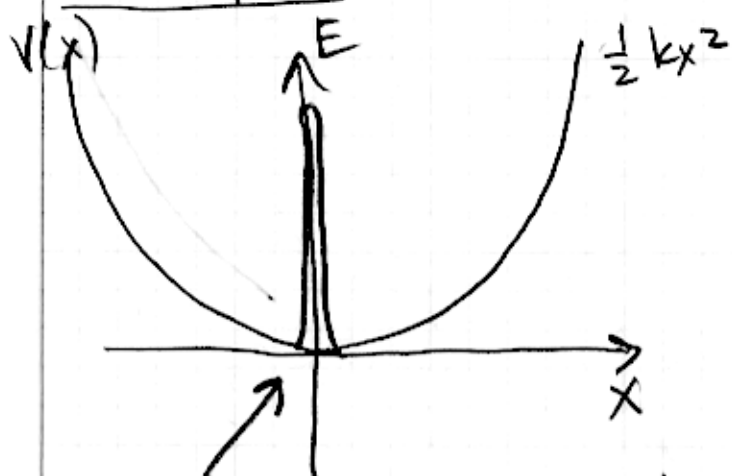
$$E_n^1 = \langle n^0 | \widetilde{H}^1 | n^0 \rangle$$

↑
unperturbed

↑
unperturbed

Example:

1-d S.H.O. (p.)



particle mass m
 $\omega = \sqrt{\frac{k}{m}}$

$$\widetilde{H}_0 = \frac{p^2}{2m} + \frac{1}{2} kx^2$$

$$E_n^0 = (n + \frac{1}{2}) \hbar \omega$$

\widetilde{H}_1

$$\widetilde{H}_1 = K \delta(x)$$

$$E_n^1 = \langle n^0 | \widetilde{H}_1 | n^0 \rangle = \int dx \psi_n^*(x) K \delta(x) \psi_n(x)$$

$$E_n^1 = K |\psi_n(0)|^2 \quad \psi_n(0) = 0 \quad n = \text{odd}$$

Got the energy, what about the ket $|n^1\rangle$?
"Bra-in" (*) with $\langle m^0 |$, where $m \neq n$

$$\underbrace{\langle m^0 | \widetilde{H}_0 | n^1 \rangle}_{E_m^0 \langle m^0 | n^1 \rangle} + \langle m^0 | \widetilde{H}_1 | n^0 \rangle = E_n^0 \langle m^0 | n^1 \rangle + E_n^1 \underbrace{\langle m^0 | n^0 \rangle}_{0 \text{ (non-degenerate)}}$$

$$\langle m^0 | n^1 \rangle = \frac{\langle m^0 | \widetilde{H}_1 | n^0 \rangle}{E_n^0 - E_m^0}$$

(note:
natural criteria
for estimating
"size" of \widetilde{H}^1 :

compare with $E_n^0 - E_m^0$.)

determines the
projection of $|n^1\rangle$
onto all the $|m^0\rangle$, $m \neq n$.

could say: $|n_{\perp}'\rangle \equiv \sum_{m \neq n} \left(\frac{\langle m^0 | \tilde{H}' | n^0 \rangle}{E_n^0 - E_m^0} \right) |m^0\rangle$

" \perp " since $\langle n^0 | n_{\perp}' \rangle = \sum_{m \neq n} \underbrace{\langle n^0 | m^0 \rangle}_0 = 0$

but suppose $|n'\rangle$ could have a little piece $|n_{||}'\rangle$ parallel to $|n^0\rangle$. We can constrain the $|n_{||}'\rangle$ by demanding that

$$1 = \langle n | n \rangle = \left(\langle n^0 | + \langle n_{\perp}' | + \langle n_{||}' | \right) \left(|n^0\rangle + |n_{\perp}'\rangle + |n_{||}'\rangle \right)$$

normalization still OK

keep only terms of order 1 or lower.

$$1 = \langle n^0 | n^0 \rangle + \langle n^0 | n_{\perp}' \rangle + \langle n_{\perp}' | n^0 \rangle + \langle n^0 | n_{||}' \rangle + \langle n_{||}' | n^0 \rangle$$

$$X = X + 0 + 0 + \langle n^0 | n_{||}' \rangle + \langle n^0 | n_{||}' \rangle^*$$

conclude: $\langle n^0 | n_{||}' \rangle = \text{purely imaginary}$
 $= i\alpha$ $\alpha = \text{real } \#$

and so,

$$|n\rangle = \underbrace{|n^0\rangle + i\alpha |n^0\rangle}_{\text{to this order}} + \sum_{m \neq n} \frac{|m^0\rangle \langle m^0 | \tilde{H}' | n^0 \rangle}{E_n^0 - E_m^0}$$

to this order

$= e^{i\alpha} |n^0\rangle$; "re-phase" to $e^{-i\alpha} |n\rangle$

$$|n\rangle = |n^0\rangle + \sum_{m \neq n} \frac{|m^0\rangle \langle m^0 | \tilde{H}' | n^0 \rangle}{E_n^0 - E_m^0}$$

influence of $e^{-i\alpha}$ higher order $\equiv |n'\rangle$

Go to second order in λ :

$$\tilde{H}^0 |n^2\rangle + \tilde{H}^1 |n^1\rangle = E_n^0 |n^2\rangle + E_n^1 |n^1\rangle + E_n^2 |n^0\rangle$$

"Bra-n" with $\langle n^0|$

$$\langle n^0 | \tilde{H}^0 |n^2\rangle + \langle n^0 | \tilde{H}^1 |n^1\rangle = E_n^0 \langle n^0 |n^2\rangle + E_n^1 \langle n^0 |n^1\rangle + E_n^2 \langle n^0 |n^0\rangle$$

$E_n^0 \langle n^0 |n^2\rangle$ $\sum_{m \neq n} \frac{\langle m^0 | \tilde{H}^1 |n^0\rangle}{E_n^0 - E_m^0}$ 0 because $|n^1\rangle$ is all \perp to $|n^0\rangle$ 1

$$E_n^2 = \sum_{m \neq n} \frac{\langle n^0 | \tilde{H}^1 |m^0\rangle \langle m^0 | \tilde{H}^1 |n^0\rangle}{E_n^0 - E_m^0}$$

$$E_n^2 = \sum_{m \neq n} \frac{|\langle n^0 | \tilde{H}^1 |m^0\rangle|^2}{E_n^0 - E_m^0}$$

Adding a linear term to the S.H.O (1-d)

$$\tilde{H} = \tilde{H}^0 + \tilde{H}^1 = \underbrace{\frac{p^2}{2m} + \frac{1}{2} k x^2}_{\tilde{H}^0} - \underbrace{q f x}_{\tilde{H}^1}$$

but, $x = \left(\frac{\hbar}{2m\omega}\right)^{1/2} (a + a^\dagger)$

and $\langle n^0 | (a + a^\dagger) |n^0\rangle = \langle n^0 | (\sqrt{n} |n-1\rangle + \sqrt{n+1} |n+1\rangle) = 0!$

another way: $\langle n^0 | x |n^0\rangle = \int_{-\infty}^{\infty} dx \underbrace{|\psi_n(x)|^2}_{\text{even}} \underbrace{x}_{\text{odd}} = 0$

\Rightarrow no 1st order energy shift.

However, there is a first-order shift in the eigenket, because:

$$\langle m^0 | (a + a^\dagger) | n^0 \rangle = \sqrt{n} \underbrace{\langle m^0 | (n-1)^0 \rangle}_{\delta_{m,n-1}} + \sqrt{n+1} \underbrace{\langle m^0 | (n+1)^0 \rangle}_{\delta_{m,n+1}}$$

\uparrow
 $m \neq n$

$$|n'\rangle = \sum_{m \neq n} \frac{|m^0\rangle \langle m^0 | H' | n^0 \rangle}{E_n^0 - E_m^0}$$

$$= -qf \left(\frac{\hbar}{2m\omega} \right)^{1/2} \sum_{m \neq n} \frac{|m^0\rangle (\sqrt{n} \delta_{m,n-1} + \sqrt{n+1} \delta_{m,n+1})}{\hbar\omega (n + \frac{1}{2} - m - \frac{1}{2})}$$

$$|n'\rangle = -qf \left(\frac{1}{2m\hbar\omega^3} \right)^{1/2} \left(\begin{array}{c} +\sqrt{n} |n-1\rangle \\ \uparrow \\ n-m = n-n+1 = 1 \end{array} - \begin{array}{c} \sqrt{n+1} |n+1\rangle \\ \uparrow \\ n-m = n-m-1 = -1 \end{array} \right)$$

so, to second order

$$E_n^2 = \langle n^0 | H' | n' \rangle$$

$$= \left[-qf \left(\frac{\hbar}{2m\omega} \right)^{1/2} \right] \left[-qf \left(\frac{1}{2m\hbar\omega^3} \right)^{1/2} \right] \langle n^0 | (a + a^\dagger) \left\{ (\sqrt{n} |n-1\rangle - \sqrt{n+1} |n+1\rangle) \right\}$$

$$n \langle n^0 | n^0 \rangle - (n+1) \langle n^0 | n^0 \rangle$$

(from a^\dagger) (from a)

$$E_n^2 = -\frac{q^2 f^2}{2m\omega^2}$$

but... we didn't need perturbation theory, actually.

why?

$$\frac{1}{2}kx^2 - qfx = \frac{1}{2}k\left(x^2 - \frac{2qf}{k}x\right)$$

$$= \frac{1}{2}k\left(x - \frac{qf}{k}\right)^2 - \frac{1}{2}k \frac{q^2f^2}{k^2}$$

complete
the
square.

$$= \frac{1}{2}k\left(x - \frac{qf}{k}\right)^2 - \frac{1}{2} \frac{q^2f^2}{k}$$

$$\omega = \sqrt{\frac{k}{m}}$$

$$m\omega^2 = k$$

$$\frac{1}{2}kx^2 - qfx = \frac{1}{2}k\left(x - \frac{qf}{k}\right)^2 - \frac{1}{2} \frac{q^2f^2}{m\omega^2}$$

S.H.O, same
spring constant
as old one

shift in
energy,
EXACT

→ Happens to agree with
 E_n^2 !