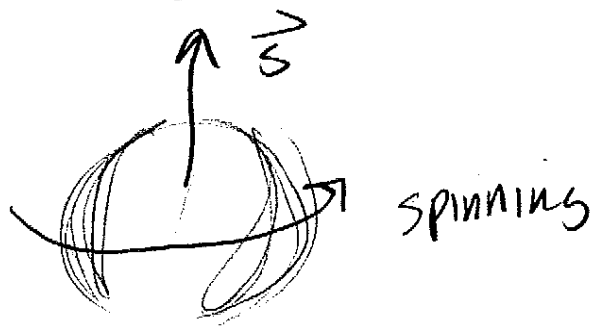


## Hyper fine

What about the spin of the nucleus?

Hydrogen  $\rightarrow$  proton



$$r_p \approx 10^{-13} \text{ cm}$$

$$\sim 10^{-5} \times a_0$$

$$(m_p \sim 2000 \cdot m_e)$$

Hmm... maybe

$$\mu_p = \frac{+e}{2m_p} \cdot \left(\frac{\hbar}{2}\right)$$

NOPE!

$$= \frac{g_p e}{2m_p} \left(\frac{\hbar}{2}\right)$$

$$\underline{g_p = 5.58} !$$

Electron  $\rightarrow$  "point particle"

$$g_e \approx 2 (!)$$

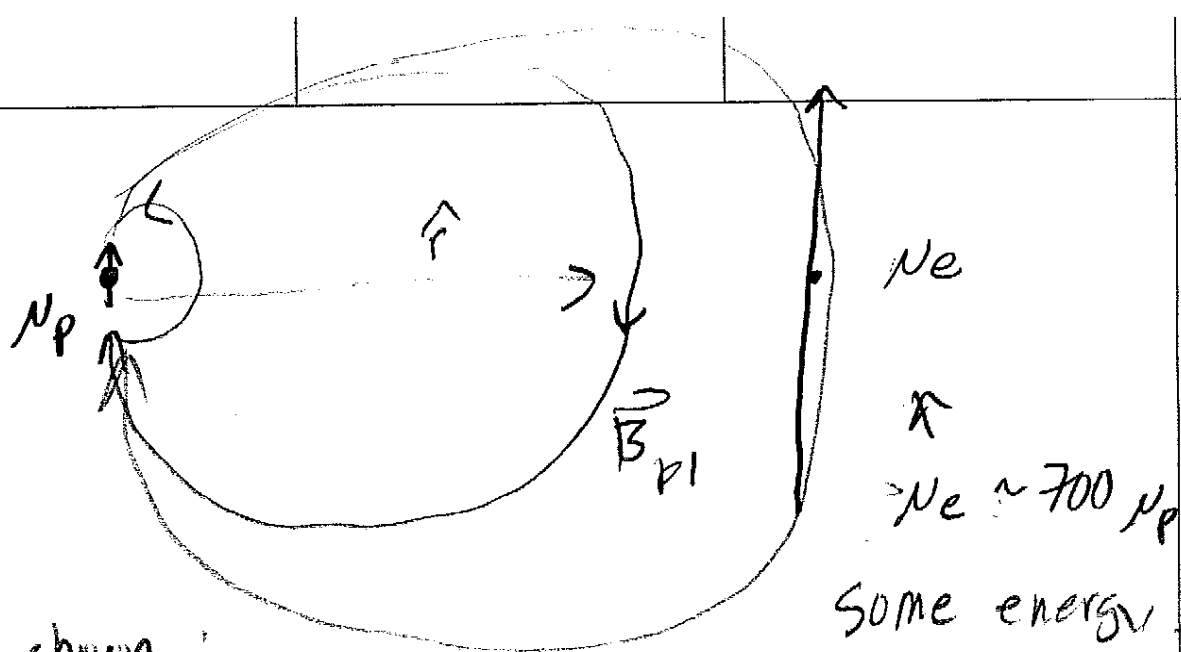
Proton  $\rightarrow$  "composite" (3-quarks)

$$g_p \approx 5.6 (!)$$

Neutron?

$$g_n \approx -3.83 (!)$$

Electrically neutral!



as shown:

$$\vec{B}_{p1} = \frac{\mu_0}{4\pi} [3(\vec{\mu}_p \cdot \hat{r})\hat{r} - \vec{\mu}_p]$$

when  $\vec{r} \cdot \vec{\mu}_p = 0$   
 $\vec{B}_{p1} \updownarrow \vec{\mu}_p$   
 (as shown).

start easy

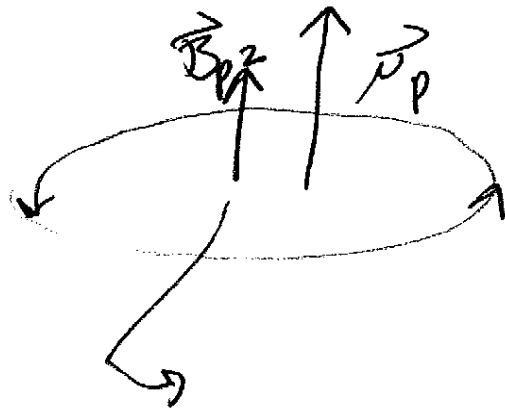
$$\langle \Psi_{n00} | \vec{\mu}_e \cdot \vec{B}_{p1} | \Psi_{n00} \rangle = 0!$$

all same

why?  $|\Psi_{n00}|^2$  is spherically symmetric.

$\vec{\mu}_{p1} \cdot \vec{B}_{p1}$  is... a "rank 2" object (!)

However, here's a fun thing - - -



open up  
the  
proton.  
(loop of current)

$$\vec{B}_{p2} = \frac{2\mu_0}{3} \frac{\vec{\mu}_p}{r^3} \delta^3(\vec{r})$$

must sit on  
proton.

$$-\vec{\mu}_e \cdot \vec{B}_{p2}$$

$$= \frac{\mu_0 g_p e^2}{3 m_p m_e} \vec{s}_p \cdot \vec{s}_e \delta^3(\vec{r})$$

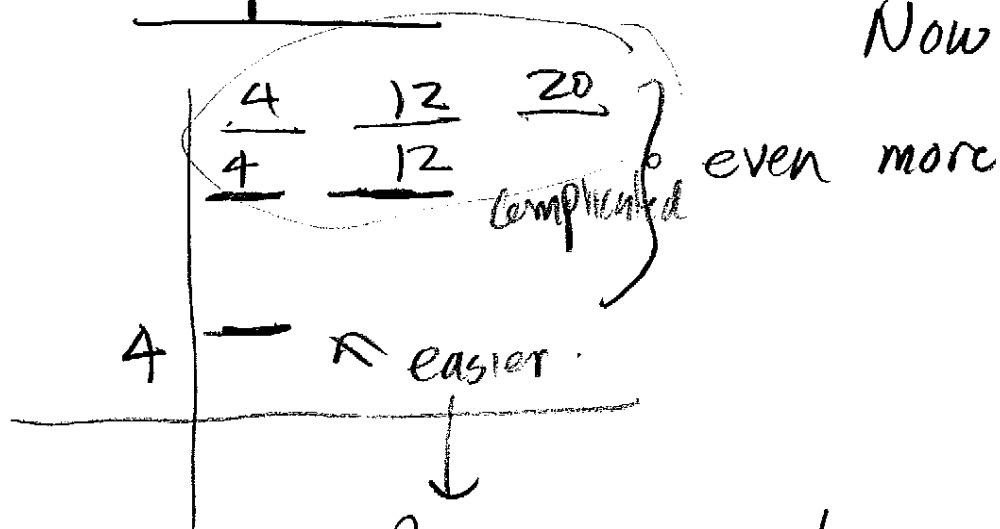
only non-zero  $E_{hf}$   
when  $l=0$  (sitting on  
origin)

$$\langle \Psi_{n00} | -\vec{\mu}_e \cdot \vec{B}_{p2} | \Psi_{n00} \rangle$$

$$= \frac{\mu_0 g_p e^2}{3 m_p m_e} \langle \vec{s}_p \cdot \vec{s}_e \rangle \underbrace{|\Psi_{n00}|^2}_{\frac{1}{n^3 \pi a^3}}$$

$\langle \vec{S}_p \cdot \vec{S}_e \rangle$

Include Proton Spin  
Now



Rearranges into eigenstates

of  $\vec{S} = \vec{S}_e + \vec{S}_p$

↑      ↑      ↑

$\frac{1}{2}$      $\frac{1}{2}$

1 or 0

↑      ↓

3      1

Triplet      Singlet

$\vec{S}_p \cdot \vec{S}_e = \frac{1}{2} (S^2 - S_e^2 - S_p^2)$  Again!

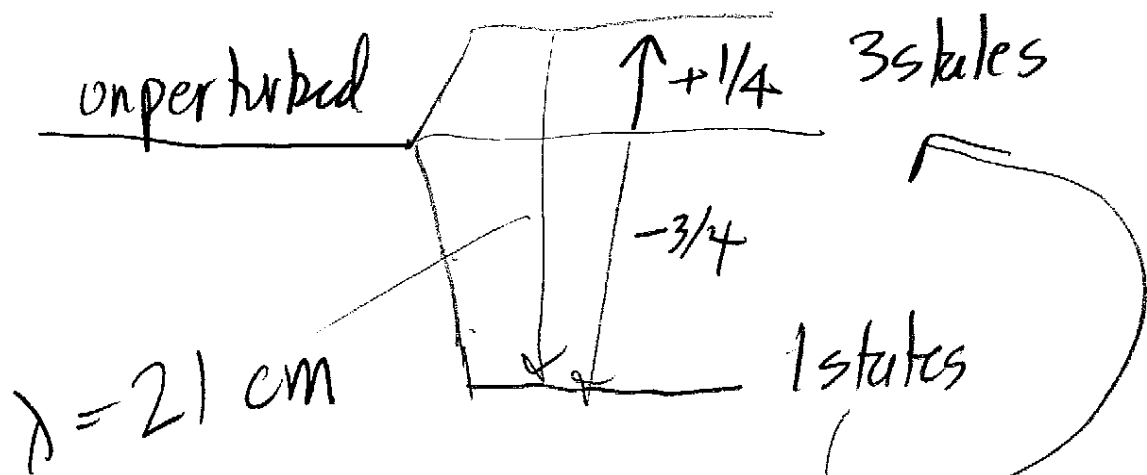
$= \frac{1}{2} (S(S+1) - \frac{3}{2}) \hbar^2$

$= -\frac{3}{4} \hbar^2$        $S=0$

$+ \frac{1}{4} \hbar^2$        $S=1$

$$E_{\text{hf}} = \frac{4g_p \hbar^4}{3m_p m_e^2 c^2 a^4} \begin{cases} +1/4 & \text{triplet} \\ -3/4 & \text{singlet} \end{cases}$$

$$\Delta E = 5.8 \cdot 10^{-6} \text{ eV}$$



Very Penetrating

Mapped  
The  
Galaxy

Bary center  
Unperturbed.

when

$$\text{Tr}(\langle \Psi_n | H' | \Psi_m \rangle) = 0.$$

# Chapter 7: The Variational Principle.

Point is: • guess  $\psi_g(x)$ , know  $H$

$$E_{gs} \leq \langle \psi_g | H | \psi_g \rangle \quad \langle \psi_g | \psi_g \rangle = 1$$

GROUND STATE from your guess!

Proof:

$$|\psi_g\rangle = \sum_n c_n |\psi_n\rangle$$

true, but unknown eigenfunctions of  $H$

$$\langle \psi_g | \psi_g \rangle = 1 = \left( \sum_m c_m^* \langle \psi_m | \right) \left( \sum_n c_n |\psi_n\rangle \right)$$

$$= \sum_{m,n} c_m^* c_n \underbrace{\langle \psi_m | \psi_n \rangle}_{\delta_{mn}}$$

$$1 = \sum_n |c_n|^2$$

$$\langle \psi_g | H | \psi_g \rangle = \left( \sum_m c_m^* \langle \psi_m | \right) H \left( \sum_n c_n |\psi_n\rangle \right)$$

$$= \sum c_m^* c_n \left( \begin{array}{l} \text{either } E_m \\ \text{or } E_n \end{array} \right) \underbrace{\langle \psi_m | \psi_n \rangle}_{\delta_{mn}}$$

$$= \sum_n |c_n|^2 E_n \quad E_n \geq E_{gs}$$

$$\therefore \langle \Psi_g | H | \Psi_g \rangle \geq E_{gs} \underbrace{\sum_n |c_n|^2}_1$$

$$\langle \Psi_g | H | \Psi_g \rangle \geq E_{gs}$$

Example 1-d

$$H = -\frac{\hbar^2}{2m} \frac{d}{dx^2} + K|x|^n$$

= T + V

$\frac{1}{2} m \omega^2$  for SHO

guess:

$$\Psi_g(x) = A e^{-bx^2}$$

guess } adj.  $b$

CHECK NORMALIZATION

$$1 = |A|^2 \int_{-\infty}^{\infty} e^{-2bx^2} dx = |A|^2 \sqrt{\frac{\pi}{2b}} \quad (\text{given})$$

$$A = \left(\frac{2b}{\pi}\right)^{1/4}$$

$$\langle \Psi_g | H | \Psi_g \rangle = \langle T \rangle + \langle V \rangle$$

$$\langle T \rangle = -\frac{\hbar^2}{2m} \left(\frac{2b}{\pi}\right)^{1/2} \int_{-\infty}^{\infty} e^{-bx^2} \frac{d^2}{dx^2} e^{-bx^2} dx$$

$$\frac{d}{dx} e^{-bx^2} = e^{-bx^2} \frac{d}{dx} (-bx^2)$$

$$= -2bx e^{-bx^2}$$

$$\frac{d^2}{dx^2} e^{-bx^2} = -2b e^{-bx^2} + 4b^2 x^2 e^{-bx^2}$$

$$\int_{-\infty}^{\infty} e^{-2bx^2} (-2b) dx = -2b \left(\frac{\pi}{2b}\right)^{1/2}$$

$$= -2 \sqrt{\frac{\pi}{2}} b^{1/2}$$

$$\int_{-\infty}^{\infty} e^{-2bx^2} 4b^2 x^2 dx$$

hmm.. if  $\int_{-\infty}^{\infty} e^{-2bx^2} dx = \sqrt{\frac{\pi}{2b}}$

$$\frac{d}{db} \int_{-\infty}^{\infty} e^{-2bx^2} dx = -2 \int_{-\infty}^{\infty} x^2 e^{-2bx^2} dx$$

$$= \frac{d}{db} \left[ \sqrt{\frac{\pi}{2}} b^{-1/2} \right]$$

$$= -\frac{1}{2} \sqrt{\frac{\pi}{2}} b^{-3/2}$$

$$\text{so } \int_{-\infty}^{\infty} x^2 e^{-2bx^2} dx = \frac{1}{4} \sqrt{\frac{\pi}{2}} \frac{1}{b^{3/2}}$$